

Laser Therapy for Total Knee Replacement Post-op Recovery

An exciting study has been released showing how well laser therapy can help patients recover from total knee replacement surgery. Patients were followed for one year after surgery and the results are amazing!

KEY TAKEAWAYS:

Patients that received Laser Therapy after Total Knee Replacement:

- Had a 30% increase in range of motion.
- Had significantly **lower pain** scores.
- Had improved functional recovery and satisfaction out to one year.
- Used **fewer opioids** in the first 30 days after surgery.
- Had no adverse reactions.**

Low-Level Laser Therapy After Knee Replacement Improves Postoperative Pain and Outcomes

ARTHROPLASTY
TODAY

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AMERICAN ACADEMY OF
ORTHOPEDIC SURGEONS



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Low-Level Laser and Light Therapy After Total Knee Arthroplasty Improves Postoperative Pain and Functional Outcomes: A Three-Arm Randomized Clinical Trial

Homa Bahrani, PhD • Alireza Moharrami, MD • Peyman Mirghaderi •
Seyed Mohammad Javad Mortazavi, MD

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The American Academy of Orthopedic Surgeons stated about laser therapy “Patients should expect to experience improvements in pain and function with the treatment.”



Scan to read
the full study!